



## Information and Guidelines COVID-19



With the current outbreak of the COVID-19 and the increasing number of cases on the island of Ireland, Four Masters GAA Club is providing our members and their families with the following information and guidelines. All information below is available from HSE.

### General Guidelines

- Training and games will continue until further instruction from government, the HSE or Four Masters GAA Club Senior Executive Committee.
- If a player, parent or coach has been in an area that has confirmed cases of COVID-19, we respectfully suggest that you do not attend any Club events until the recommended 14 days have elapsed.
- If a player, parent or coach is showing symptoms of COVID-19, we respectfully suggest that you do not attend any Club events until the presence of the illness is confirmed negative.
- If COVID-19 is confirmed in a player, parent or coach, they shall notify the Club Chairperson or Club Secretary **immediately**.
- On notification of a case in the club community, the Four Masters GAA Club grounds will be put into lockdown until the grounds are disinfected.
- Anyone in contact with a team or event will be notified of a case. Government and HSE will take lead role in this area.
- Once all are notified, a decision will be made regarding the continuation of Club activities.
- Senior Club Executive Committee have the authority to stop all Club activities if required.

### Training and Games Guidelines

- If a player, parent or coach is showing symptoms of COVID-19, we respectfully suggest that you do not attend any Club events until the presence of the illness is confirmed negative.
- It is recommended that you sneeze or cough into your sleeve or jersey. This help reduce the spread of germs.
- It is recommended for the health and safety of everyone that all players bring their own individual water bottle to training and games. This **must** be labelled with their name so that bottles do not get mixed up.
- Shaking of hands to be discontinued during training, games and meetings.
- Any shared equipment used in games or training where infection may be present, e.g. hurling / camogie helmets should be wiped down after use.

### Club Guidelines

- Soap and hot water available in all toilets.
- Surfaces in changing rooms (e.g. door handles, taps and toilets) disinfected daily (only if they have been in use).
- If a case is confirmed in the Club, protective clothing must be provided when disinfecting all windows and door openings and surfaces. Clean with disposable cleaning cloths and household detergent.

### Reference

<https://www.hpsc.ie/a-z/respiratory/coronavirus/novelcoronavirus/guidance/educationguidance/Guidance%20for%20staff%20in%20childcare%20and%20educational%20settings%20V1.1.pdf>

